



Week 1

Weeks commencing 7/9, 28/9, 19/10, 16/11, 7/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Chicken Pie	Shepherd's Pie	Roast Beef	Peri Peri Chicken Leg	Spicy Fish
Main Vegetarian Meal	Mushroom Pie	Vegetable Tagine	Macaroni cheese	Chickpea Curry	Quorn Sausage Toad in the Hole
Sides	Mash potato	Vegetable pie	Roast Potatoes	Rice	Potato wedges
Vegetables	Carrots Peas	Baby Carrots Sweetcorn	Broccoli Cauliflower	Mixed Vegetables	Peas Beans
Dessert	Ice cream	Yoghurt	Semolina	Ice cream	Yoghurt

A selection of sandwiches, fresh salad bar, fresh fruit and water are available daily